

National Hispanic Environmental Council



STUDENT MEDICAL FORM

THE 8th ANNUAL MINORITY YOUTH ENVIRONMENTAL TRAINING INSTITUTE

“8 Days of Learning, A Lifetime of Experience”

September 19–26, 2009 • Glorieta, New Mexico

(You must fill out this Form completely)

Please fill out this form and include it with your Application package. You must submit the Medical Form for your application to be considered. **You must fill out the Form completely, if you leave out any information, your application will not be considered.** Use additional paper as necessary.

NHEC needs this information so that Institute staff will know—in advance—of any special medical conditions you may have, rather than learning about them during the Institute, should a medical emergency arise. Also, in the event of injury or illness, this Form provides medical personnel with key information regarding your medical history. Because of this, it is vital that you be as complete, accurate, and truthful as possible. This Form is not used to screen out applicants.

GENERAL INFORMATION

Your Name: _____

Street Address: _____

City, State: _____ Zip Code: _____

Home Phone: _____

Cell Phone: _____

E-Mail (student's and parents, if available):

Student's: _____ Parents: _____

How old are you now? (Example: 16, 17, etc.): _____

- over -

Manuel Hernandez
Board Chairman, NHEC
and Chairman 10th Annual Conference
Post Office Box 70196
Riverside, CA 92513

Roger Rivera
President, NHEC
106 N. Fayette Street
Alexandria, VA 22314
(703) 683-3956 FAX: (703) 256-8288
www.nheec.org

Birthdate: Month _____ Day _____ Year _____

Social Security Number: _____

Person to Notify in Case of Medical Emergency:

Name: _____

Street Address: _____

City, State: _____ Zip Code: _____

Home Phone: _____

Day/Work Phone: _____ Cell Phone: _____

Relationship to you: _____

If the Above Person is Unavailable, please notify:

Name: _____

Street Address: _____

City, State: _____ Zip Code: _____

Home Phone: _____

Day/Work Phone: _____ Cell Phone: _____

Relationship to you: _____

MEDICAL INSURANCE INFORMATION

We strongly encourage you to have medical insurance and to bring your insurance card or other documentation with you to the Institute.

Insurance Carrier: _____

Policy Number: _____

Contact Phone Number (if applicable): _____

VITALS (You must provide all information—fill out every line—We mean it!)

Your date of birth: _____ Resting Pulse: _____ Blood Pressure: _____

Height: _____ Weight: _____ Blood Type: _____

EYES

Any problems with your eyes or vision? _____

Do you wear glasses or contacts? _____

(If so, we strongly recommend bringing an extra set of glasses or contacts to the Institute.)

ALLERGIES

Have you ever had a reaction to any medication, including aspirin? _____

If so, how severe are your reactions? Please explain: _____

(please use a separate sheet of paper, if necessary)

Are you allergic to anything? _____ Please list: _____

(please a separate sheet of paper, if necessary)

In particular, are you allergic to bee stings? _____

If so, how severe are your reactions? Please explain: _____

Do you carry an anaphylaxis kit? _____

ILLNESSES AND MEDICATIONS

List any recent illnesses: _____

List any accidents, operations, or hospitalizations and dates occurred: _____

List any exposure to infectious diseases and dates occurred: _____

Have you ever experienced any conditions or illness related to altitude? _____

If so, please explain, and tell us when: _____

(Note: Glorieta Conference Center, in Glorieta, NM, where the Institute is located, and where much of the coursework will be taught, is at 7,100 feet in elevation, in the mountains. Some people need a few days to acclimate to altitude, while others do not. Institute activities for the first few days are designed to give students time to adjust to the altitude).

Please describe any medications you are taking, why you are taking them, how much and how often: _____

Note: Participation in the Institute will require some physical exertion, including hiking, walking, and other physically and mentally demanding efforts. Several times during the Institute, the coursework will take students to somewhat isolated areas without immediate access to medical facilities or medical staff. Given the above, please list all physical or mental limitations and/or restrictions of which you are aware: _____

If you have no limitations or restrictions, please sign here: _____

TETANUS:

The danger of tetanus in natural areas can sometimes be severe. You must be inoculated against this fatal disease and you need a booster every ten (10) years.

Give the date of your most recent tetanus inoculation or booster: _____

PHYSICAL EXAMINATION

A recent physical examination is recommended and may be required by NHEC.

Date of most recent physical: _____

Doctor's name: _____

Address: _____ City, State: _____

Phone Number: _____

SHIRT SIZE

All students will receive a polo type shirt for use during and after the Institute.

Please tell us your shirt size (check one):

- Small Medium Large XLarge

APPLICANTS SIGNATURE: _____ **DATE:** _____

PARENT OR LEGAL GUARDIAN SIGNATURE: _____

(required for all Applicants, even if you are over 18) DATE: _____

(PARENTS—you must sign your name clearly)

REMEMBER: Be sure to include this form with your application.